

People and wellbeing

Maroondah's population is growing and becoming more diverse. Like the rest of Australia, our population is also ageing. There is a need to continue to focus on improving both the physical and mental health and wellbeing of the Maroondah community, as well as creating opportunities for social connection and inclusion.



115,645 residents in 2023

- > **13%** of residents are senior or elderly (aged 70+)
- > **25.3%** of residents born overseas
- > **735** Aboriginal and Torres Strait Islander residents
- > **10,000+** residents identify as LGBTQIA+



40% of adult residents reported excellent / very good health in 2020



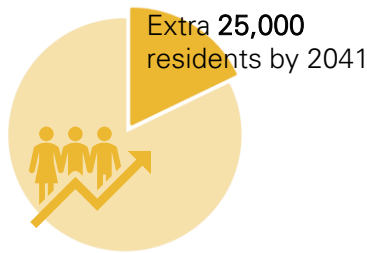
6% of residents needed daily assistance due to disability in 2021



24% of adult residents reported high-very high levels of psychological distress in 2020



13,938 residents volunteered in 2021 (**15%** of population aged 15+)



1 in 10 residents had a mental health condition in 2021



1 in 2 residents lived alone or in a couple household in 2021

1 in 2 adult residents were overweight in 2021



Issues to consider

- An ageing population
- Social inclusion and loneliness
- Mental health wellbeing outcomes
- Physical health and wellbeing outcomes

Possible ways forward

- Increase access to local health and support services
- Increase access to active and passive recreation spaces and facilities
- Improve social connections and inclusion through urban design and accessibility to local services and facilities
- Increase understanding of the underlying factors of health and wellbeing
- Design facilities and services to be inclusive and accessible

We want your hear aspirations and ideas for the future of our City. If you live, work or play in Maroondah we want to hear from you. Visit yoursay.maroondah.vic.gov.au/maroondah-2050 or scan the QR code.



Contact us

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